





### Latex-Free TPE Exercise Bands / Resistance Bands:



FIT ELAST comes to you with latex free care. Our Exercise Bands/ Resistance Bands are elastic, stretchy bands that let you add light strength training to your exercise routine anywhere, anytime. Much like weight lifting, resistance bands allow you a full range of motion while providing tension, helping you flex and grow your muscles.

Originating in the 20th Century the bands were originally made from surgical tubing and exercises conducted for muscles rehabilitation. Resistance Band training is now used widely as part of general fitness and strength training. Unlike weight lifting, Resistance Bands provide a safe, light workout that is infinitely customizable. These bands are strongly recommended by Sports Therapists, Physiotherapists, and Chiropractors. Gymnasts are using these bands in floor exercises.

FitElast Exercise Bands / Resistance Bands are superior products than latex products because it is manufactured from Latex Free TPE. These are anti allergic because as it does not contain any toxic substance. These Bands are quite durable having options to be textured or smooth surfaced and powder free for better gripping.

## Latex-Free TPE Exercise Bands / Resistance Bands:



Colour	Width	Resistance			Standard Length		
		Levels	LBS	KGS			
AP-TAN	4" (102 mm)	Extra Light	2.4	1.08	1.2 mts (1.31 yds), 1.5 mts (1.64 yds), 2 mts (2.18 yds), 2.5 mts (2.73 yds), 20 mts (21.8 yds), 22.8 mts (25 yds), 45.5 mts (49.75 yds)		
AP-YELLOW	4" (102 mm)	Light	3.0	1.36	1.2 mts (1.31 yds), 1.5 mts (1.64 yds), 2 mts (2.18 yds), 2.5 mts (2.73 yds), 20 mts (21.8 yds), 22.8 mts (25 yds), 45.5 mts (49.75 yds)		
AP-RED	4" (102 mm)	Medium	3.7	1.67	1.2 mts (1.31 yds), 1.5 mts (1.64 yds), 2 mts (2.18 yds), 2.5 mts (2.73 yds), 20 mts (21.8 yds), 22.8 mts (25 yds), 45.5 mts (49.75 yds)		
AP-GREEN	4" (102 mm)	Heavy	4.6	2.08	1.2 mts (1.31 yds), 1.5 mts (1.64 yds), 2 mts (2.18 yds), 2.5 mts (2.73 yds), 20 mts (21.8 yds), 22.8 mts (25 yds), 45.5 mts (49.75 yds)		
AP-BLUE	4" (102 mm)	Extra Heavy	5.8	2.63	1.2 mts (1.31 yds), 1.5 mts (1.64 yds), 2 mts (2.18 yds), 2.5 mts (2.73 yds), 20 mts (21.8 yds), 22.8 mts (25 yds), 45.5 mts (49.75 yds)		
AP-BLACK	4" (102 mm)	Special Heavy	7.3	3.31	1.2 mts (1.31 yds), 1.5 mts (1.64 yds), 2 mts (2.18 yds), 2.5 mts (2.73 yds), 20 mts (21.8 yds), 22.8 mts (25 yds), 45.5 mts (49.75 yds)		
AP-SILVER	4" (102 mm)	Super Heavy	10.2	4.62	1.2 mts (1.31 yds), 1.5 mts (1.64 yds), 2 mts (2.18 yds), 2.5 mts (2.73 yds), 20 mts (21.8 yds), 22.8 mts (25 yds), 45.5 mts (49.75 yds)		
AP-GOLD	4" (102 mm)	Maximum	14.2	6.44	1.2 mts (1.31 yds), 1.5 mts (1.64 yds), 2 mts (2.18 yds), 2.5 mts (2.73 yds), 20 mts (21.8 yds), 22.8 mts (25 yds), 45.5 mts (49.75 yds)		

#### Latex Free TPE Floss Bands



The Elastpro Latex Free TPE Floss Bands are essential performance tools and should be in the gym bag of every athlete looking to improve range, restore joint mechanics or unglue matted down or previously injured tissue. Compression tack and flossing works on many levels including re-perfusing (To force blood or other fluid to flow from the artery through the vascular bed of a tissue or to flow through the lumen of a hollow structure) tissues that have become stiff or gone cold after injury and by compressing reducing swelling out of tissues and joints. Because the Elastpro Latex Free TPE Floss Bands can be used while actually performing the movement the athlete is trying to change its effect on sliding surface and restoration and tissue mobilization is unmatched.

Term name:	Elastpro Latex Free TPE Floss Bands		
Material	Latex Free TPE		
Color	Black, Red, Yellow, Blue, Green, etc		
Size:	Length: 208 cm		
	Width: 5cm		
	Thickness: 1mm (0.039"), 1.3mm (0.051"), 1.5mm (0.059")		
Weight:	1mm(0.039")/1.3 mm(0.051")/1.5 mm(0.059"): 93g(0.205lbs)/121g(0.267lbs)/139g(0.306lbs)		



#### Latex Free TPE Resistance Power Bands and Tape-Bands



Elastpro Latex Free TPE Resistance Power Bands and Tape – Bands are anti–allergic perfect for Pull Ups, Stretching or Plyometric movements.

Elastpro Latex Free TPE Resistance Power Bands and Tape – Bands are addition for your home gym or your box.

The thicker the band, the more resistance provided.

Specifications of the Elastpro Latex Free TPE Resistance Power Bands and Tape – Bands

Elastpro Latex Free TPE Resistance Power Band

Large – Green

1050mm x 30mm x 4.5mm

(41" x 1.125" x 0.177")

Elastpro Latex Free TPE Resistance Power Band – Small – Black 1050mm x 15mm x 4.5mm (41" x 0.5" x 0.177")

Elastpro Latex Free TPE Resistance Power Band – Super Small – Red 1050mm x 10mm x 4.5mm (41" x 0.25" x 0.177")

Elastpro Latex Free TPE Resistance Power Band – Extra Large – Blue 1050mm x 45mm x 4.5mm (41" x 1.75" x 0.177")

Elastpro Latex Free TPE Resistance Power Band – Super Large – Orange 1050mm x 65mm x 4.5mm (41" x 2.5" x 0.177")









### Latex Free TPE Resistance Power Bands and Tape-Bands



Elastpro Latex Free TPE Resistance Power Band – Jumbo – Yellow 1050mm x 85mm x 4.5mm (41" x 3.25" x 0.177")

Elastpro Latex Free TPE Tape – Band – Extra Heavy – Blue 1050mm x 65mm x 5mm (41" x 2.5" x 0.196")

Elastpro Latex Free TPE Tape – Band – Heavy – Red 1050mm x 45mm x 5mm (41" x 1.75" x 0.196")

Elastpro Latex Free TPE Tape – Band – Light – Grey 1050mm x 25mm x 5mm (41" x 1" x 0.196")

Elastpro Latex Free TPE Tape – Band – Extra Light – Green 1050mm x 15mm x 5mm (41" x 0.6" x 0.196")









# Test Report of Latex Free TPE Sheetings



Properties	Unit	Results
Thickness	mm (inch)	0.20 (0.007") +/- 10% 0.35 (0.013") +/- 10% 0.55 (0.021") +/- 10% 0.63 (0.024") +/- 10% 0.70 (0.027") +/- 10% 0.83 (0.032") +/- 10% 1.0 (0.039") +/- 10% 1.2 (0.047") +/- 10% 1.3 (0.051") +/- 10% 1.5 (0.059") +/- 10% 4.5 (0.177") +/- 10% 5.0 (0.196") +/- 10%
Hardness	Shore A	40 +/- 5
Specific Gravity	gms/cu.cm. or lbs/cu.in.	0.89/0.026
Modulus at 100% Elongation	Kg sq. cm or psi	0.807/125 +/- 10%
Tensile Strength at Break	Kg sq. cm or psi	118.04/1675 +/- 10%
Elongation at Break	%	975 +/- 10%
Tension Set @ 450% Elongation	%	20
4th Cyclic Recovery Test @ 200% Elongation	%	95-100









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